

The Sacred Bitch Manuscript:

Deconditioning the Masculine Matrix

Listen, just because I do not have a penis does not mean that I cannot penetrate you.

Let me penetrate you with my truth; let it bring you to the edges of your discomfort to assist you in surrendering your mind.

We are singular beings who choose to merge energies and exchange DNA through sex.

Go ahead, project a title onto me and adjust your behavior accordingly to the title you see valid but I am not a contestant on the 'wife is right', a candidate to date in a trial period to see if I fit the "role" of your ideal mate.

I am whole, sovereign being: embodied as love.

My main focus is to be a transparent, autonomous, equanimous being and that involves speaking my truth: even if it pisses you off.

I do not "talk back", I speak up.

Do not try and "put me in my place", I'm in my place, here in space.

Shed your savior complex. You do not need to prove your masculinity to yourself.

I am my own savior and I whole heartedly rejoice in my imperfection.

There is nothing to fix. The more you accept me as I am: upset or blissful, the more that I stabilize.

The more that you celebrate my boundaries, the more they expand.

My wildness cannot be tamed.

Do not attempt to domesticate me by making me more "socially acceptable". I tame myself for mastery, not from fear.

Do not expect me to serve your reality simply because you are "working hard all day" and therefore deserve to slack off on your personal responsibilities of cleaning up after yourself.

I am not a nag; I am an empowered woman with the will to speak up.

You are not entitled to my vagina. Relations are not contracts or business deals.

I've chosen to share my solitude with you. Expect nothing, feel honored and I will graciously provide

you with your wildest desires.

R.e.s.p.e.c.t --- find out what it means to me.

Learn the meaning behind these lyrics.

Just because you think you are being respectful does not mean that you are.

If I tell you that I do not feel respected, do not let your pride get in the way of discovering what need is not being met.

Honesty entails embodied action, not conceptualized idealization.

If you withhold information from me, that is as equal to a lie. It means that you are not trustworthy.

If I am assisting you in seeing your own ego, thank me and work on your shit.

Do not run away by projecting blame onto me for your shitty behavior.

Just because you are living in the future in your mind does not mean that you are treating me kindly in the present.

Do not dish out what you cannot take back.

Do not oppose and debunk everyone's belief system if you have no will to look within yourself and debunk your own.

Do not call me "difficult", just because I ask for basic human decency in a dynamic.

Do not make empty promises if you get angry at me for holding you accountable to your word.

I am not "keeping you on the hook", It's called a "conscience" : If you feel guilt as a result of your own shitty behavior and my natural response is to be upset, do not escape your guilt by projecting your anger onto me for experiencing the effect of your actions.

If you listen, you will learn.

You are not listening so long as you are interrupting, criticizing, in-validating, interrogating and over-rationalizing everything that is said.

I enjoy a challenge but I do not appreciate competition as a means of dominating and "winning" a power-play.

Want me to be submissive? Let me be as I am. Learn to lead by accepting, supporting and cherishing my own inner dynamic. I will do the same for you.

If I share with you my past trauma: consider that it is a delicate gem to hold, not ammunition to back up your claims or to fuel your judgments'.

If I share with you my problems, feel blessed: that means that I trust you.

They are not complaints; they are observations of what I am negatively impacted by.

Ridicule is a tactic used by those of lesser intelligence for ego preservation.

Cruelty is not rawness, it's escapism. Do not project your hidden insecurity onto me as an attempt to affirm yourself as being "in control".

Neither one of us are in control. We are here to reveal what is deeply buried and be present for one another as it arises.

Do not get in the way of my process. If you do not know how to accept and be present, get out of the way.

Love is a powerful force and I whole heartedly commit myself to self-development and to letting the light illuminate all darkness that is hidden.

I commit to turning turmoil into nutrient soil to plant seeds of wisdom to grow truth from.

Loving me becomes simple when you are no longer enticed or threatened by my self-love.

My self-love is not "self-absorbed".

Receiving from others does not mean that I "ride off the backs of others".

Last and not least, I am not an evil bitch nor am I a spoiled princess.

I am Quean.

I am a fully empowered, self-aware being dressed in a woman's body.

I am bold enough to be honest. I am wise enough to choose what is best for me. I am fierce enough to love fully and I am worthy of being treated well.

Can you handle the realness?

Step up or Step out.

